

# Orange, Date and Olive Salad

Serves: 32 tastings



**From the garden:** Lettuce, spinach & yacon

## Equipment:

- Small bowls x 1
- Medium bowl x 1
- Wooden spoon x 1
- Whisk x 1
- Vegetable peeler
- Chopping boards and knives
- Measuring cups
- Measuring spoons

## Ingredients:

- 1 cos lettuce (cut into bite size)
- 1 cup spinach (leaves only, cut into bite size)
- 2 yacons (peeled, thinly sliced)
- ¼ onion (finely chopped)
- 1 orange (peeled and cubed)
- 6 dates (chopped)
- 5 green olives (chopped)

## Dressing:

- 3 tablespoons olive oil
- 3 tablespoons red wine vinegar
- 1 tablespoon sugar
- ¼ teaspoon salt
- 10 grind of pepper

## Method:

1. Prepare all of the ingredients based on the instructions in the ingredients list.
2. Mix all the ingredients for dressing together in a small bowl.
3. Put all the salad leaves, yacons, onion, orange, dates and green olives in a medium bowl.
4. Pour over dressing and toss well.
5. Serve into 5 large serving bowls with a serving spoon in each.