

Sumac Salad

Season: Autumn

Type: Salad

Serves: 36 tastings

From the garden: Pumpkin & mint



Equipment:

Small bowl x 1
Large bowl x 1
Wooden spoon x 1
Whisk x 1
Salad Spinner
Grater x 2
Juicer x 1
Chopping boards and knives
Measuring spoons
Serving bowl x 5
Serving spoon x 5

Ingredients:

Salad:

1 lettuce (cut into bite size)
1 piece of pumpkin (grated)
1 tablespoon mint (finely chopped)
½ onion (finely chopped)
1 teaspoon sumac

Dressing:

3 tablespoons olive oil
Juice of ½ lemon
¼ teaspoon salt

What to do:

1. Prepare all of the ingredients based on the instructions in the ingredients list.
2. Mix all the ingredients for dressing together in a small bowl. Set aside.
3. Put the salad ingredients in a large bowl.
4. Add dressing and toss well.
5. Serve into 5 large serving bowls with a serving spoon in each.